

UCSF Office of Research Summary document: research density and requirements for quarantining and/or testing for research personnel

Updated February 1, 2021

UCSF strongly recommends against traveling and gathering over the holidays. The UCSF research communities must comply with the public health emergency order imposing a [mandatory 10-day quarantine](#) for anyone traveling, moving or returning to San Francisco from anywhere outside the nine-county Bay Area.

Every effort should be made to work remotely and limit onsite work to essential activities that cannot be accomplished from home.

This document summarizes the [research density applying to UCSF research activities](#) (effective Dec. 24, 2020), and requirements for quarantining and/or [expanded testing](#) under the [UCSF quarantine order and travel policy](#) currently in place until Jan. 19, 2021 (may be extended as needed). It is designed to provide quick guidance for different categories of research and personnel and does not replace the full guidelines and policies implemented by [UCSF](#) and the [Office of Research](#). Please email research@ucsf.edu if you have any questions.

Research Category	Research Density (effective 2/1/21)	Travel Policy and Quarantine Order		Notes
		Category of Personnel	Summary of requirements for return to on-site work at UCSF after traveling outside the nine-county Bay Area	
LABORATORY RESEARCH				
Laboratory Research (includes all COVID-19 and non-COVID-19 focused laboratory research, e.g., completion of ongoing long-term projects, onsite animal research activities, and all other laboratory research)	50%	All laboratory research personnel	Mandatory 10-day quarantine	
LABORATORY SUPPORT SERVICES AND CORE FACILITIES				
Laboratory Support Services and Core Facilities	100%**	Support and core facilities personnel (including LARC personnel)	Requirement to complete three COVID-19 tests . May continue to work on-site while waiting for test results	Includes but not limited to LARC personnel and personnel of laboratory/core facilities supporting clinical cohorts of COVID-19 research.
**There is no restriction in research density but compliance with UCSF COVID-19 prevention measures (e.g., physical distancing, etc.) and Office of Research Guidelines is still required				
COVID-19 FOCUSED CLINICAL RESEARCH				
COVID-19 focused clinical research	100%**	Essential research personnel	Requirement to complete three COVID-19 tests . May continue to work on-site while waiting for test results	Includes study team members required to be on-site for their clinical research responsibilities (eg, CRCs required to interact directly with participants during

				in-person essential visits) or their clinical care responsibilities (eg, nurses, clinicians)
		Non-essential research personnel	Mandatory 10-day quarantine	Includes study team members only coming on-site to perform clinical research responsibilities that could be conducted remotely or re-assigned to essential research personnel already on-site
		Research participants	Considered patients - No quarantine or testing needed (except as previously required, e.g., for aerosol-generating procedures)	
**There is no restriction in research density but compliance with UCSF COVID-19 prevention measures (e.g., physical distancing, etc.) and Office of Research Guidelines is still required				
NON-COVID-19 FOCUSED CLINICAL RESEARCH				
NON-COVID-19 -- CATEGORY 1 CLINICAL RESEARCH: Clinical research that can be performed remotely				
Category 1 Clinical research: Clinical research that can be performed remotely	100%**	All research personnel	N/A (does not involve work on campus)	Continue to work remotely.
**There is no restriction in research density but compliance with UCSF COVID-19 prevention measures (e.g., physical distancing, etc.) and Office of Research Guidelines is still required				
NON-COVID-19 -- CATEGORY 2 CLINICAL RESEARCH: Clinical research essential to the health of participants				
Category 2 Clinical research: Clinical research essential to the health of participants	100%**	Essential research personnel	Requirement to complete three COVID-19 tests . May continue to work on-site while waiting for test results	Includes study team members whose research responsibilities require them to be on-site (e.g., CRCs required to interact directly with participants during in-person essential visits) or whose clinical responsibilities already require them to be on-site for patient care (e.g., nurses, clinicians)
		Non-essential research personnel	Mandatory 10-day quarantine	Includes study team members only coming on-site to perform clinical research responsibilities that could be conducted remotely or re-assigned to essential research personnel already on-site
		Research participants	Considered patients - No quarantine or testing needed (except as previously required, e.g., for aerosol-generating procedures)	
**There is no restriction in research density but compliance with UCSF COVID-19 prevention measures (e.g., physical distancing, etc.) and Office of Research Guidelines is still required				
NON-COVID-19 -- CATEGORY 3 CLINICAL RESEARCH: Clinical research not essential to the health of participants				

Category 3 Clinical research: <u>Research-only visits</u> (i.e., not conducted in conjunction with a clinical visit)	25%	All research personnel	Mandatory 10-day quarantine	
		Research participants	Mandatory 10-day quarantine	COVID-19 testing programs for UCSF employees cannot be offered to Category 3 research participants. Study teams are responsible for the logistics of testing for research-only visits for Category 3 research participants. Clinical COVID-19 testing can be requested but priority is being assigned by UC Health, and non-essential research-only visits are currently low priority.
Category 3 Clinical research: <u>Research visits conducted in conjunction with a clinical visit</u>	25%	Essential research personnel already on-site (see comment)	Requirement to complete three COVID-19 tests . May continue to work on-site while waiting for test results	Includes study team members whose clinical responsibilities already require them to be on-site for patient care (e.g., nurses, clinicians) or essential clinical research activities (e.g., essential research personnel for COVID-19 or Category 2 clinical research)
		All other research personnel	Mandatory 10-day quarantine.	Includes study team members only coming on-site to perform clinical research responsibilities that could be conducted remotely or re-assigned to essential research personnel already on-site
		Research participants	Considered patients - No quarantine or testing needed (except as previously required, e.g., for aerosol-generating procedures)	
CLINICAL RESEARCH MONITORING				
Non-essential monitoring	N/A	Monitors	N/A	Non-essential monitoring must be postponed or conducted remotely
On-site monitoring that is essential to participant safety and/or study integrity (includes regulatory inspections and sponsor audits)	N/A	Monitors	For essential monitoring visits that cannot be postponed or conducted remotely: - Recommended 10-day quarantine - Requirement to complete three COVID-19 tests if in-person visit occurs before the end of the 10-day quarantine	The Office of Research strongly recommends postponing all monitoring visits and using remote monitoring whenever feasible. COVID-19 testing programs for UCSF employees cannot be offered to monitors. Study teams are responsible for

				coordinating with monitoring vendors for the logistics and costs of testing monitors
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